

**Norfolk SEND Youth Forum**

**Wednesday 23rd February 2022 6:30 pm – 7:30pm**

**Meeting Minutes**

**Attendees**

Lewis

Charlotte

Katrina

Gabriel

Isaac

Alex

Callum

Dawn Jones (Inclusion & SEND Team)

Bridget Robinson (Norfolk SENDIASS)

Maxine Blocksidge (NCC Norfolk Area SEND Strategy)

Belinda Coxall (Norfolk SENDIASS)

Michelle Walker – (Co-Production & Service User Lead, Norfolk CYP Health Services)

Jacqueline Millard – (Specialist Practitioner for Additional Needs and Disability, Cambridgeshire Community Services NHS Trust)

1. **Welcome & introduce new members**
2. **Ice Breaker**
3. **Guest Speakers/Professional Consultation – Michelle Walker & Jacqueline Millard.**

Michelle and Jacqueline introduced themselves to the group, and explained that they are part of the “Healthy Child Programme” and wished to identify who may be familiar with the website <https://www.justonenorfolk.nhs.uk/>

They explained that they would like to develop a section of the site specifically for young people.

Bridget explained that Mark Gower (NHS) had visited the group in January, and everyone had received information about the website.

Michelle & Jacqueline explained that the website has lots of information and resources, for example: health, exercise, healthy eating, access to school nurse, health visitors, resilience and Emotional well-being, healthy lifestyle coach, health checks, transitions etc.

Jacqueline asked if anyone was familiar with **“Chat Health**”, which is one aspect of the programme.

You can click on the link below to watch a video about this texting service for Young People:

<https://www.justonenorfolk.nhs.uk/our-services/chathealth>







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| **Feedback from the group:**Q: Has anyone used <https://www.justonenorfolk.nhs.uk/> including <https://www.justonenorfolk.nhs.uk/our-services/chathealth>*“No…but I think I will try it.”**“No”**“No, credit can be an issue”.**“I sometimes run out of battery”**“Mum phoned them, and they sent me some leaflets last year.”***Q: Would anyone be interested in helping with the development of this for young people?**X2 members expressed an interest. |

**Action:** It has been agreed that Michelle and Jacqueline will join us in some future meetings to move this forward, and get the groups ideas and feedback on new developments on the website

1. **Guest Speaker – Maxine Blocksidge - Norfolk Area SEND Strategy (Return visit)**

Maxine explained that Norfolk County Council are planning a **BIG SEND Festival** to take place in 2023 (next year as this will take a lot of planning); and said there are 22,000 children with SEND in Norfolk currently. Maxine wanted the groups initial responses and ideas. Please see below:



1. **Date & Time of next Meeting – 16th March, 6.30 – 7.30pm.**

**Thank you for all your contributions**